



Monastic Summer Internship for Women

Come experience the Benedictine monastic way of life in this internship program for women, at the Community of St. Mary, Eastern Province, in beautiful upstate NY.

The program runs from the beginning of June to mid-August. Dates are negotiable and shorter stays are possible. If your school has credit internships, we can work with your advisor to plan an internship where you may earn college credit in disciplines including religion, music, and agriculture.

Interns will assist the Sisters with organic gardening, library cataloging, and/ or animal husbandry with our award winning cashmere goats and youth handlers, while receiving instruction and mentoring in prayer and meditation, *lectio divina*, the Rule of Benedict for every-day life and plainsong .



Qualifications:

1. Commitment to Christian discipleship with a desire to deepen your relationship with God.
2. Be in good health with the ability to perform physical tasks.
3. Be at least 18 years of age or older.
4. Be comfortable with animals, silence, and older generations.
5. Desire to learn about the monastic lifestyle.

Terms:

The St. Mary's Monastic Summer Internship Program trades work in exchange for study/mentoring in the monastic life, room and board. Interns must cover their travel expenses to and from the Convent and have their own medical insurance.

Application and Deadlines:

To request an application or for more information contact Mother Miriam at compunun242@gmail.com. Applications are due by May 15 and must include three references.

Community of St. Mary

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Greenwich, NY 12834
(518) 692-3028
www.stmaryseast.net



Community of St. Mary, Eastern Province.

SAMPLE SCHEDULE for internship program

Before matins: private prayer, meditation, individual reading

6:30: Matins

7:45: breakfast

Quiet reading, meditation, reflection time

9:30: Terce

10:00 – 12: work* – kitchens, gardens, library, goats, etc.

12:00: Sext

12:30 – 1:30 Lunch, cleanup

1:30-3:30: work, reading, discussion time**

3:30: tea

4:15: free time

5:30: Vespers

6:15: Supper, cleanup

7:30: Compline

GREAT SILENCE until Terce the next day

*This would depend on the needs of the day and the study interests of the participants.

**This could be with various Sisters or the Mother regarding the Benedictine life style, Lectio Divina, plain song study/practice